

Moving Minds Movement Activity to Supplement
Small Group
"Numbers Plus" - Math / Science

Bowling & Beanbags N11

Movements: Stand to flex forward, rolling weighted ball, pinching/rolling playdoh.

Additional Materials	Movements	Target Skills
<p>Shared:</p> <ul style="list-style-type: none"> • Weighted ball. • Pins & pin mat. <p>Materials for each child:</p> <ul style="list-style-type: none"> • Playdoh • (2) Index cards. 	<p>Bowler:</p> <ul style="list-style-type: none"> • Child stands with back facing pins. • Child bends down to roll weighted ball between legs. <p>Children Waiting Turn:</p> <ul style="list-style-type: none"> • They keep score by making small balls from playdoh to correspond to number of pins knocked down. • They place these playdoh "balls" on 1 of the index cards. • When bowler rolls a 2nd time, children make small balls & place on 2nd index card. 	<ul style="list-style-type: none"> • Body awareness & motor planning • Strength • Balance • Coordination.

Movements: Quadruped, rolling weighted ball, pinching/rolling playdoh.

Additional Materials	Movements	Target Skills
<p>Shared:</p> <ul style="list-style-type: none"> • Weighted ball • Pins & pin mat. <p>Materials for each child:</p> <ul style="list-style-type: none"> • Playdoh • (2) Index cards. 	<p>Bowler:</p> <ul style="list-style-type: none"> • In quadruped position, (hands and knees), child rolls weighted ball to knock down pins. <p>Children Waiting Turn:</p> <ul style="list-style-type: none"> • They keep score by making small balls from playdoh to correspond to number of pins knocked down. • They place these playdoh "balls" on 1 of the index cards. • When bowler rolls a 2nd time, children make small balls & place on 2nd index card. 	<ul style="list-style-type: none"> • Body awareness & motor planning • Strength • Balance • Coordination.

Moving Minds Movement Activity to Supplement
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Bowling & Beanbags N11

Movements: Crab position, kicking, pinching/rolling playdoh.

Additional Materials	Movements	Target Skills
<p>Shared:</p> <ul style="list-style-type: none"> • Beach ball • Pins & pin mat. <p>Materials for each child:</p> <ul style="list-style-type: none"> • Playdoh • (2) Index cards. 	<p>Bowler:</p> <ul style="list-style-type: none"> • Child assumes crab position & maintains this position while kicking beach ball to knock down pins. <p>Children Waiting Turn:</p> <ul style="list-style-type: none"> • They keep score by making small balls from playdoh to correspond to number of pins knocked down. • They place these playdoh "balls" on 1 of the index cards. • When bowler rolls a 2nd time, children make small balls & place on 2nd index card. 	<ul style="list-style-type: none"> • Body awareness & motor planning • Strength • Balance • Coordination.

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2014.